

(Use several sheets if necessary)

**FIRS-2992**

Application Number

**Applicant(s)**

**Keith A. Ranieri**

**Filing Date**

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| <b>Group Art Unit</b> |
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## U.S. PATENT DOCUMENTS

[illegible]

## FOREIGN PATENT DOCUMENTS

[illegible]

**OTHER DOCUMENTS** (Including Author, Title, Date, Pertinent Pages, Etc.)

|  |  |  |
|--|--|--|
|  |  | <a href="http://home.sprynet.com/~holtrun/halfmara.htm">http://home.sprynet.com/~holtrun/halfmara.htm</a> - Half Marathom Training, Running and Racing...Part Two, Anaerobic Threshold Training - Adapted from the training in: Buy Running Dialogue Today! by David Holt. (3 pages) |
|  |  | <a href="http://k2.kirtland.cc.mi.us/~balbach/aeroprin.htm">http://k2.kirtland.cc.mi.us/~balbach/aeroprin.htm</a> - What is Aerobic Exercise and Why should I do it? by Lisa Balbach. (2 pages)  |

**EXAMINER**

**DATE CONSIDERED**

**EXAMINER:** Initial if citation considered, whether or not citation is in conformance with MPEP Section 609; Draw line through citation if not in conformance and not considered. Include copy of this form with next communication to applicant.

